



INFORMATION SESSION

Are you supporting a senior who is aging at home? Many informal caregivers (family and friends) feel anxious and unprepared to care for a senior who is aging at home.

JOIN US FOR AN INFORMATION SESSION TO LEARN MORE ABOUT

FREE AGING IN PLACE SENIOR CARE NAVIGATION WORKSHOPS IN

MAY AND JUNE 2024.

WHEN: April 12, 2024, 11 pm- 12 pm

WHERE: Hampton Senior Resource Centre
31 Demille Court Hampton, NB E5N 5S6

Refreshments will be provided.

Contact: Jacquelyn Perry (506) 435-1348
Sonya Ducey (506) 262-5807



EVERYONE WELCOME

